



Wellbeing Through Counselling

6 APRIL 2021–31 DECEMBER 2023

OUR GOAL IS THE MOST PROSPEROUS STUDENTS IN FINLAND

DISTANCE LEARNING HAS BROUGHT ON MANY CHALLENGES for university students and faculty. We have had to modify working and learning routines in rapidly changing situations and without any ready-made solutions.

The Wellbeing Through Counselling (Ohjauksella hyvinvointia, OHJY) project offers solutions for supporting students' wellbeing and for creating a sense of community. The main goal of the project is to create a model for promoting student wellbeing at universities. Activities will also be organised in English.

STUDENT LIFE IS A UNIQUE PHASE IN ONE'S LIFE. Our ambitious goal is that, in 2023, our students will be the most prosperous students in Finland. New student life is being built by several universities and student organizations, with 36,200 students in total!

// UNIVERSITY SUPPORTS!

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korkeakoulutukee.fi
► in English

The Wellbeing Through Counselling (Ohjauksella hyvinvointia, OHJY) project promotes the wellbeing and sense of community of university students. The project is administered by Diaconia University of Applied Sciences; other participants include Kajaani University of Applied Sciences (KAMK), Metropolia University of Applied Sciences, Oulu University of Applied Sciences, University of Oulu, Turku University of Applied Sciences, and the student unions O'Diako, TUO and KAMO, as well as organisation partners Nyyti Ry and Diakonissalaitos/VAMOS. The project receives funding from the Ministry of Education and Culture.

